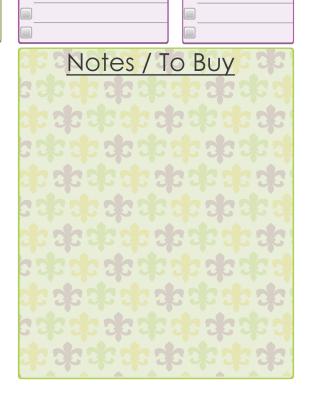
Mom's Weekly Planner

life isn t al	pout finding yo	ourself, it's abo	out cheating go	ourself!
Monday	Tuesday	Wednesday	Thursday	Friday
Menu Plan			Saturday	Sunday
M-				
T-				
W-				

Daily To Do's	M Tu W Th F Sa Su
Exercise	
Drink water	
Have quiet {me} time	
Organize one area	
Do chore of the day	
Sweep / Clean floors	
Reading / Family time	
End of the day pick-up	



5-